

The VIA Classification of 24 Character Strengths

Wisdom	CREATIVITY • Clever • Original & Adaptive • Problem Solver	CURIOSITYInterestedExplores new thingsOpen to new ideas	JUDGMENT • Critical thinker • Thinks things thorough • Open-minded	LOVE OF LEARNING • Masters new skills & topics • Systematically adds to knowledge	 PERSPECTIVE Wise Provides wise counsel Takes the big picture view
Courage	 BRAVERY Shows valor Doesn't shrink from fear Speaks up for what's right 	 PERSEVERANCE Persistent Industrious Finishes what one starts 	HONESTY • Authentic • Trustworthy • Sincere	ZEST • Enthusiastic • Energetic • Doesn't do things half-heartedly.	
Humanity	LOVE • Warm and genuine • Values close relationships	KINDNESS • Generous • Nurturing • Caring • Compassionate • Altruistic	SOCIAL INTELLIGENCE • Aware of the motives and feelings of self/others • Knows what make others tick		
Justice	TEAMWORK • Team player • Socially responsible • Loyal	 FAIRNESS Just Doesn't let feelings bias decisions about others 	 LEADERSHIP Organizes group activites Encourages a grou to get things done 	qu	
Temperance	FORGIVENESS • Merciful • Accepts others' shortcomings • Gives people a second chance	HUMILITY • Modest • Lets one's accomplishments speak for themselves	 PRUDENCE Careful Cautious Doesn't take undue risks 	 SELF-REGULATIO Self-controled Disciplined Manages impulses and emotions 	N
Transcendence	APPRECIATION OF BEAUTY & EXCELLENCE • Feels awe and wonder in beauty • Inspired by goodness of others	GRATITUDE • Thankful for the good • Expresses thanks • Feels blessed	HOPE • Optimistic • Future-minded • Future Orientated	HUMOR • Playful • Brings smiles to others • Lighthearted	 SPIRITUALITY Searches for meaning Feels a sense of purpose Senses a relationship with the sacred

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