

# 2023 Metro Girls (West Fargo)

# Girls 100

## Round 1

Alicia Kenfack  
Bismarck Legacy

Emily Youboty  
Bismarck Legacy

1

Alicia Kenfack  
Bismarck Legacy  
Fall 0:00

Mallory McMullen  
Moorhead

Tiacious Kanneh  
Moorhead

2

Tiacious Kanneh  
Moorhead  
FF

A. Kenfack (Bismarck Legacy)  
**1ST**

## Round 2

Jamelia Ofori  
Fargo

Tiacious Kanneh  
Moorhead

11

Tiacious Kanneh  
Moorhead  
Fall 0:25

Alicia Kenfack  
Bismarck Legacy

Mallory McMullen  
Moorhead

12

Alicia Kenfack  
Bismarck Legacy  
Fall 0:31

T. Kanneh (Moorhead)  
**2ND**

## Round 3

Jamelia Ofori  
Fargo

Mallory McMullen  
Moorhead

33

Mallory McMullen  
Moorhead  
Fall 1:40

Emily Youboty  
Bismarck Legacy

Tiacious Kanneh  
Moorhead

34

Tiacious Kanneh  
Moorhead  
Fall 3:06

E. Youboty (Bismarck Legacy)  
**3RD**

## Round 4

Jamelia Ofori  
Fargo

Emily Youboty  
Bismarck Legacy

55

Emily Youboty  
Bismarck Legacy  
Fall 0:59

Alicia Kenfack  
Bismarck Legacy

Tiacious Kanneh  
Moorhead

56

Alicia Kenfack  
Bismarck Legacy  
Fall 3:31

M. McMullen (Moorhead)  
**4TH**

## Round 5

Jamelia Ofori  
Fargo

Alicia Kenfack  
Bismarck Legacy

81

Alicia Kenfack  
Bismarck Legacy  
Fall 1:25

Emily Youboty  
Bismarck Legacy

Mallory McMullen  
Moorhead

82

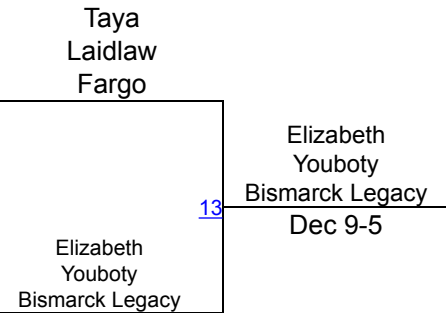
Emily Youboty  
Bismarck Legacy  
Fall 0:25

J. Ofori (Fargo)  
**5TH**

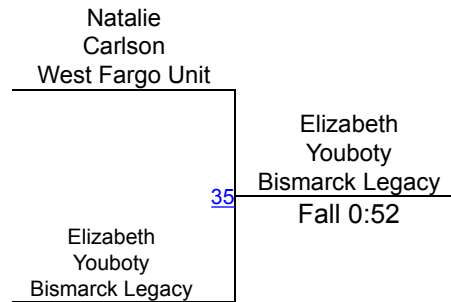
# 2023 Metro Girls (West Fargo)

# Girls 110

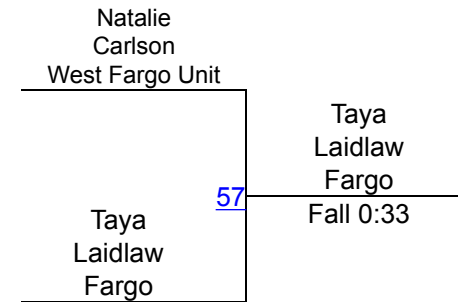
## Round 1



## Round 2



## Round 3



E. Youboty (Bismarck Legacy)

**1ST**

T. Laidlaw (Fargo)

**2ND**

N. Carlson (West Fargo United)

**3RD**

# 2023 Metro Girls (West Fargo)

# Girls 115

## Round 1

Ava Owens Fargo	Milli Lovin Moorhead
Milli Lovin Moorhead	Dec 15-8
14	
Sophia Johnson Bismarck Legacy	Sophia Johnson Bismarck Legacy
Olivia Johs West Fargo Unit	Fall 1:31
15	

## Round 2

Ava Owens Fargo	Ava Owens Fargo
Olivia Johs West Fargo Unit	Fall 0:32
36	
Sophia Johnson Bismarck Legacy	Sophia Johnson Bismarck Legacy
Milli Lovin Moorhead	TF 16-1
37	

## Round 3

Ava Owens Fargo	Sophia Johnson Bismarck Legacy
Sophia Johnson Bismarck Legacy	Fall 1:25
58	
Olivia Johs West Fargo Unit	Milli Lovin Moorhead
Milli Lovin Moorhead	MFF
59	

### WRESTLERS

A. Owens (Fargo)

M. Lovin (Moorhead)

S. Johnson (Bismarck Legacy)

O. Johs (West Fargo United)

S. Johnson (Bismarck Legacy)

**1ST**

M. Lovin (Moorhead)

**2ND**

A. Owens (Fargo)

**3RD**

O. Johs (West Fargo United)

**4TH**

# 2023 Metro Girls (West Fargo)

# Girls 115B

## Round 1

Coral Heyd Grand Forks Kni	Coral Heyd Grand Forks Kni
Isabelle Erickson Fargo	Fall 1:07

Jade LaFontaine Grand Forks Kni	Olivia Lindstrom Deville Lake
Olivia Lindstrom Deville Lake	Fall 1:41

## Round 2

Coral Heyd Grand Forks Kni	Olivia Lindstrom Deville Lake
Olivia Lindstrom Deville Lake	Fall 4:24

Jade LaFontaine Grand Forks Kni	Isabelle Erickson Fargo
Isabelle Erickson Fargo	Fall 1:52

## Round 3

Coral Heyd Grand Forks Kni	Jade LaFontaine Grand Forks Kni
Jade LaFontaine Grand Forks Kni	Fall 1:21

Olivia Lindstrom Deville Lake	Olivia Lindstrom Deville Lake
Isabelle Erickson Fargo	Fall 3:00

## WRESTLERS

C. Heyd (Grand Forks Knightriders)

I. Erickson (Fargo)

J. LaFontaine (Grand Forks Knightriders)

O. Lindstrom (Deville Lake)

O. Lindstrom (Deville Lake)

**1ST**

C. Heyd (Grand Forks Knightriders)

**2ND**

J. LaFontaine (Grand Forks Knightriders)

**3RD**

I. Erickson (Fargo)

**4TH**

# 2023 Metro Girls (West Fargo)

# Girls 120

## Round 1

Shayla DeBlaere  
West Fargo Unit

Sanie Gayflor  
Fargo

3

Shayla DeBlaere  
West Fargo Unit

Fall 3:54

Megan Zins  
Bismarck Legacy

Kulah Barjuah  
Bismarck Legacy

4

Kulah Barjuah  
Bismarck Legacy

Fall 0:34

S. DeBlaere (West Fargo United)  
**1ST**

## Round 2

Kaylee Narmah  
Fargo

Kulah Barjuah  
Bismarck Legacy

18

Kulah Barjuah  
Bismarck Legacy

Fall 0:39

Shayla DeBlaere  
West Fargo Unit

Megan Zins  
Bismarck Legacy

19

Shayla DeBlaere  
West Fargo Unit

Fall 0:58

K. Barjuah (Bismarck Legacy)  
**2ND**

## Round 3

Kaylee Narmah  
Fargo

Megan Zins  
Bismarck Legacy

40

Megan Zins  
FF

Sanie Gayflor  
Fargo

Kulah Barjuah  
Bismarck Legacy

41

Kulah Barjuah  
Bismarck Legacy

Fall 0:48

S. Gayflor (Fargo)  
**3RD**

## Round 4

Kaylee Narmah  
Fargo

Sanie Gayflor  
Fargo

62

Sanie Gayflor  
MFF

Shayla DeBlaere  
West Fargo Unit

Kulah Barjuah  
Bismarck Legacy

63

Shayla DeBlaere  
West Fargo Unit

Fall 3:46

M. Zins (Bismarck Legacy)  
**4TH**

## Round 5

Kaylee Narmah  
Fargo

Shayla DeBlaere  
West Fargo Unit

83

Shayla DeBlaere  
MFF

Sanie Gayflor  
Fargo

Megan Zins  
Bismarck Legacy

84

Sanie Gayflor  
Fargo

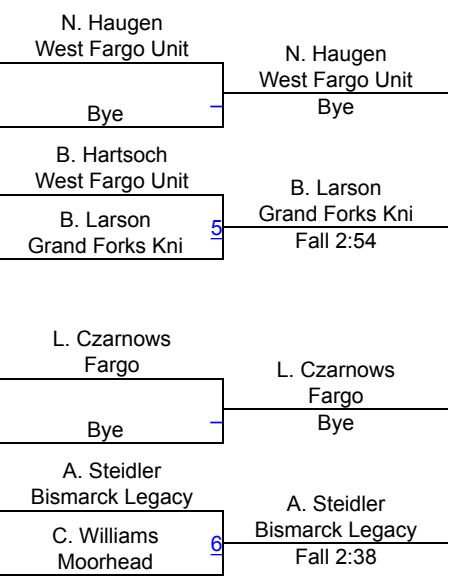
Fall 0:27

K. Narmah (Fargo)  
**5TH**

# 2023 Metro Girls (West Fargo)

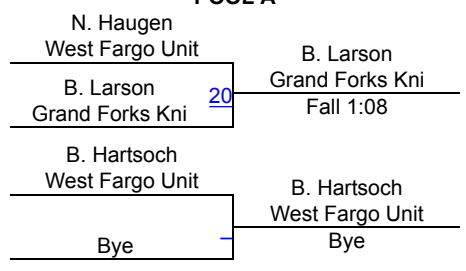
# Girls 125

## Round 1

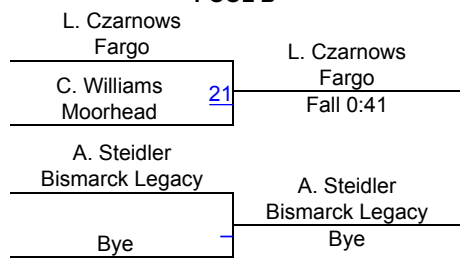


## Round 2

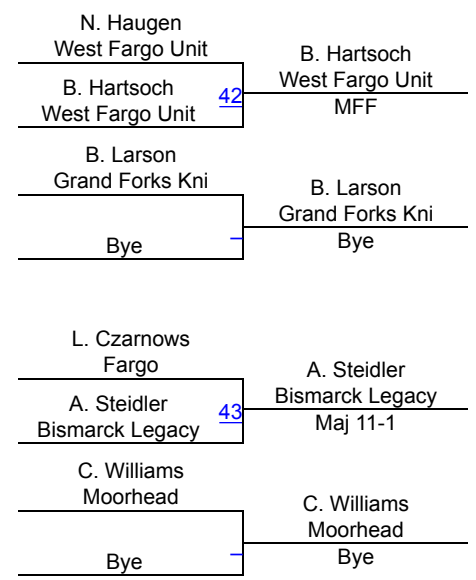
### POOL A



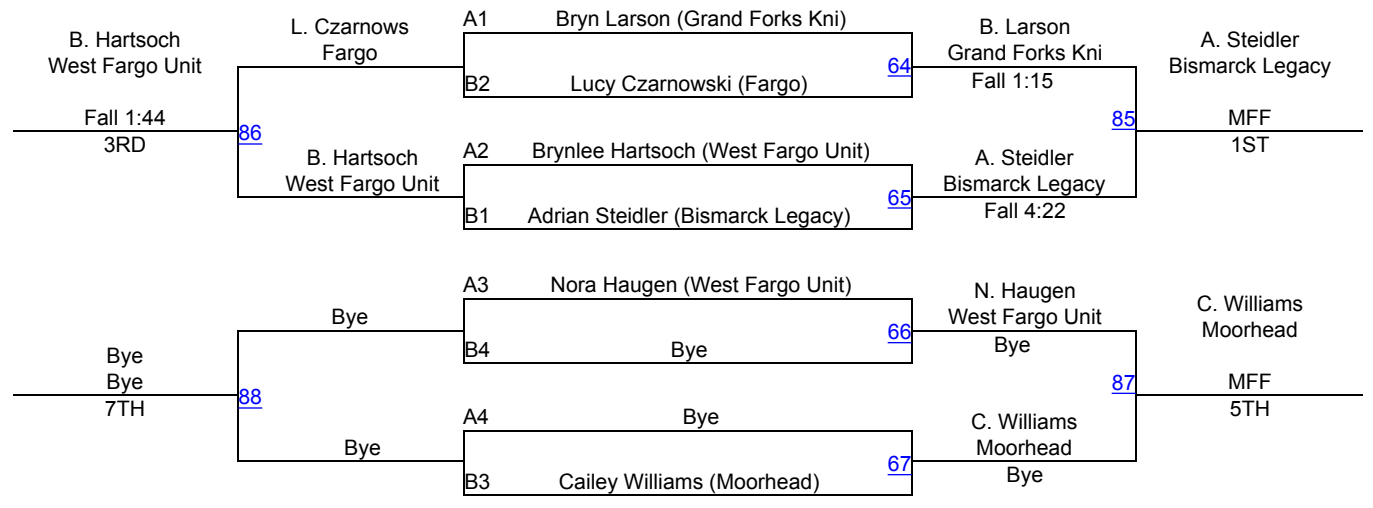
### POOL B



## Round 3



## FINALS



# 2023 Metro Girls (West Fargo)

# Girls 130

## Round 1

Kaylee Kurz Grand Forks Kni	22	Kaylee Kurz Grand Forks Kni	Fall 4:37
Morgan Schneider Bismarck Legacy			
Alexis Ray Grand Forks Kni	23	Alexis Ray Grand Forks Kni	Fall 2:38
Emily Light Fargo			

## Round 2

Kaylee Kurz Grand Forks Kni	44	Kaylee Kurz Grand Forks Kni	Fall 1:01
Emily Light Fargo			
Alexis Ray Grand Forks Kni	45	Alexis Ray Grand Forks Kni	FF
Morgan Schneider Bismarck Legacy			

## Round 3

Kaylee Kurz Grand Forks Kni	68	Kaylee Kurz Grand Forks Kni	Fall 1:47
Alexis Ray Grand Forks Kni			
Emily Light Fargo	69	Emily Light Fargo	MFF
Morgan Schneider Bismarck Legacy			

## WRESTLERS

K. Kurz (Grand Forks Knightriders)

M. Schneider (Bismarck Legacy)

A. Ray (Grand Forks Knightriders)

E. Light (Fargo)

K. Kurz (Grand Forks Knightriders)

**1ST**

A. Ray (Grand Forks Knightriders)

**2ND**

E. Light (Fargo)

**3RD**

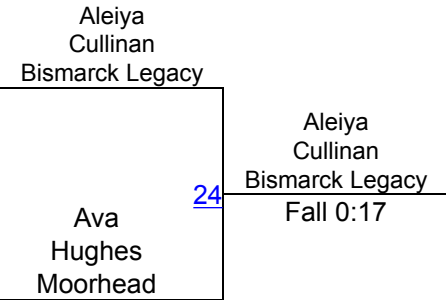
M. Schneider (Bismarck Legacy)

**4TH**

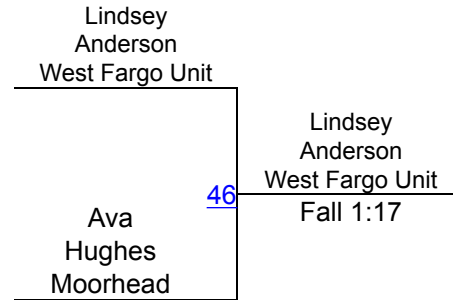
# 2023 Metro Girls (West Fargo)

# Girls 135

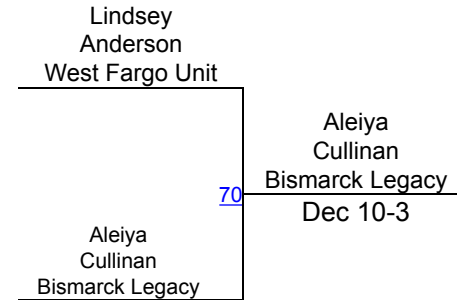
## Round 1



## Round 2



## Round 3



A. Cullinan (Bismarck Legacy)

**1ST**

L. Anderson (West Fargo United)

**2ND**

A. Hughes (Moorhead)

**3RD**



# 2023 Metro Girls (West Fargo)

# Girls 140

## Round 1

Allyssa Johnson  
Grand Forks Kni

Isabelle Julian Fargo 7

Allyssa Johnson  
Grand Forks Kni  
Fall 1:08

Keeley Schiermeister  
Bismarck Legacy

Webeline Naklen Fargo 8

Webeline Naklen Fargo  
Fall 1:14

A. Johnson (Grand Forks Knightriders)  
**1ST**

## Round 2

Hanna Ryberg  
Bismarck Legacy

Webeline Naklen Fargo 25

Hanna Ryberg  
Bismarck Legacy  
Dec 3-1

Allyssa Johnson  
Grand Forks Kni

Keeley Schiermeister  
Bismarck Legacy 26

Allyssa Johnson  
Grand Forks Kni  
Fall 2:14

H. Ryberg (Bismarck Legacy)  
**2ND**

## Round 3

Hanna Ryberg  
Bismarck Legacy

Keeley Schiermeister  
Bismarck Legacy 47

Hanna Ryberg  
Bismarck Legacy  
Dec 17-16

Isabelle Julian Fargo

Webeline Naklen Fargo 48

Webeline Naklen Fargo  
Dec 5-3

W. Naklen (Fargo)  
**3RD**

## Round 4

Hanna Ryberg  
Bismarck Legacy

Isabelle Julian Fargo 71

Hanna Ryberg  
Bismarck Legacy  
Dec 8-4

Allyssa Johnson  
Grand Forks Kni

Webeline Naklen Fargo 72

Allyssa Johnson  
Grand Forks Kni  
Fall 1:26

K. Schiermeister (Bismarck Legacy)  
**4TH**

## Round 5

Hanna Ryberg  
Bismarck Legacy

Allyssa Johnson  
Grand Forks Kni  
Fall 0:34

Allyssa Johnson  
Grand Forks Kni 89

Isabelle Julian Fargo

Keeley Schiermeister  
Bismarck Legacy  
Fall 1:36

Keeley Schiermeister  
Bismarck Legacy 90

I. Julian (Fargo)  
**5TH**

# 2023 Metro Girls (West Fargo)

# Girls 155

## Round 1

S. Hanna Bismarck Legacy	S. Hanna Bismarck Legacy
Bye	Bye
M. Sanchez West Fargo Unit	E. Dahl Bismarck Legacy
E. Dahl Bismarck Legacy	Fall 3:54

E. Novak Grand Forks Kni	E. Novak Grand Forks Kni
Bye	Bye
S. Hotten West Fargo Unit	S. Hotten West Fargo Unit
G. Martinez West Fargo Unit	Fall 0:41

## Round 2

### POOL A

S. Hanna Bismarck Legacy	S. Hanna Bismarck Legacy
E. Dahl Bismarck Legacy	Maj 26-16
M. Sanchez West Fargo Unit	M. Sanchez West Fargo Unit
Bye	Bye

### POOL B

E. Novak Grand Forks Kni	E. Novak Grand Forks Kni
G. Martinez West Fargo Unit	Fall 0:47
S. Hotten West Fargo Unit	S. Hotten West Fargo Unit
Bye	Bye

## Round 3

S. Hanna Bismarck Legacy	M. Sanchez West Fargo Unit
M. Sanchez West Fargo Unit	Fall 1:37
E. Dahl Bismarck Legacy	E. Dahl Bismarck Legacy
Bye	Bye

E. Novak Grand Forks Kni	E. Novak Grand Forks Kni
S. Hotten West Fargo Unit	Fall 0:58
G. Martinez West Fargo Unit	G. Martinez West Fargo Unit
Bye	Bye

## FINALS

M. Sanchez West Fargo Unit	S. Hotten West Fargo Unit	A1 Elizabeth Dahl (Bismarck Legacy)	E. Dahl Bismarck Legacy	E. Novak Grand Forks Kni
Fall 1:38		B2 Samantha Hotten (West Fargo Unit)	Fall 3:09	Fall 1:35
3RD	92	A2 Mya Sanchez (West Fargo Unit)	E. Novak Grand Forks Kni	1ST
		B1 Emily Novak (Grand Forks Kni)	Fall 0:33	
Bye	Bye	A3 Summer Hanna (Bismarck Legacy)	S. Hanna Bismarck Legacy	S. Hanna Bismarck Legacy
Bye		B4 Bye	Bye	Fall 0:18
7TH	94	A4 Bye	G. Martinez West Fargo Unit	5TH
		B3 Gabriela Martinez (West Fargo Unit)	Bye	

# 2023 Metro Girls (West Fargo)

# Girls 170

## Round 1

Isabelle Berg Devils Lake <hr/> Charlee Leedah West Fargo Unit	29	Isabelle Berg Devils Lake <hr/> Fall 2:50
Olivia Ochoa Grand Forks Kni <hr/> Jordyn Radasa Williston	30	Jordyn Radasa Williston <hr/> Fall 5:50

## Round 2

Isabelle Berg Devils Lake <hr/> Jordyn Radasa Williston	51	Isabelle Berg Devils Lake <hr/> Fall 0:41
Olivia Ochoa Grand Forks Kni <hr/> Charlee Leedah West Fargo Unit	52	Olivia Ochoa Grand Forks Kni <hr/> Fall 1:36

## Round 3

Isabelle Berg Devils Lake <hr/> Olivia Ochoa Grand Forks Kni	77	Isabelle Berg Devils Lake <hr/> Fall 2:21
Jordyn Radasa Williston <hr/> Charlee Leedah West Fargo Unit	78	Jordyn Radasa Williston <hr/> Fall 1:27

## WRESTLERS

I. Berg (Devils Lake)

C. Leedah (West Fargo United)

O. Ochoa (Grand Forks Knightriders)

J. Radasa (Williston)

I. Berg (Devils Lake)

**1ST**

J. Radasa (Williston)

**2ND**

O. Ochoa (Grand Forks Knightriders)

**3RD**

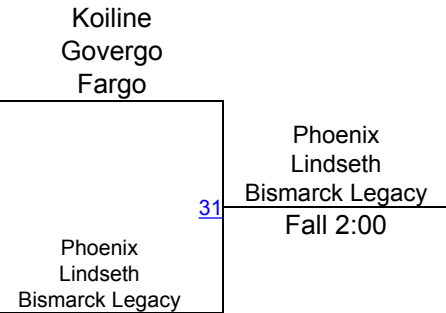
C. Leedah (West Fargo United)

**4TH**

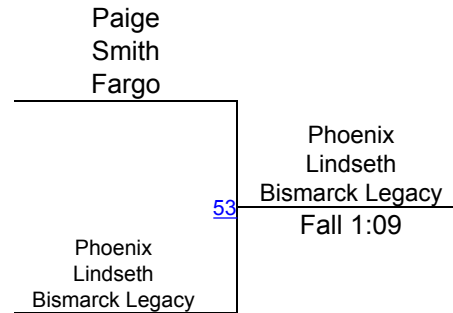
# 2023 Metro Girls (West Fargo)

# Girls 190

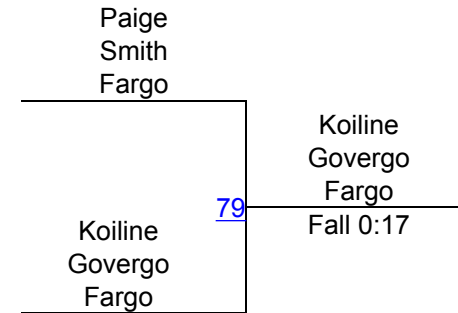
## Round 1



## Round 2



## Round 3



P. Lindseth (Bismarck Legacy)

**1ST**

K. Govergo (Fargo)

**2ND**

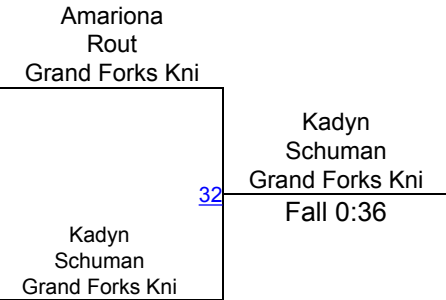
P. Smith (Fargo)

**3RD**

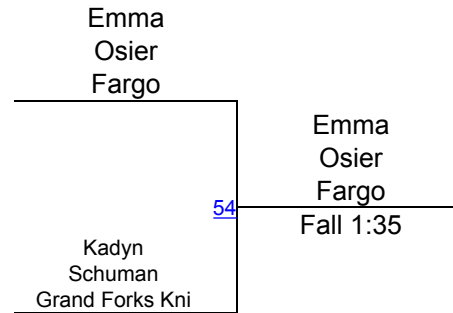
# 2023 Metro Girls (West Fargo)

# Girls 250

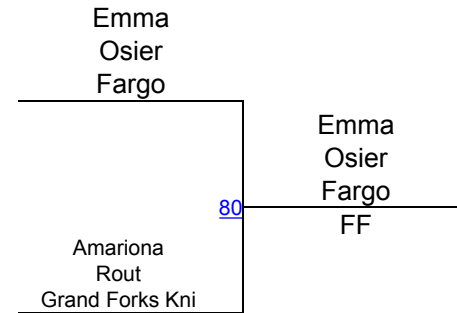
## Round 1



## Round 2



## Round 3



E. Osier (Fargo)

**1ST**

K. Schuman (Grand Forks Knightriders)

**2ND**

A. Rout (Grand Forks Knightriders)

**3RD**